

## SPRING: A TIME TO PLAN & START ANEW

*As we look forward to another Spring and Summer, we embrace the changes not only in the season but also within our club as well. We have now concluded our town hall meetings on the Future of our Famèe and by all indications and responses, we have a membership who wants to continue and expand our social events and gatherings. I thank all the members who took the time to express their opinion of what they envisioned for the future of the Famèe. Our Furlan Family Night event was sold out in record time and was a smashing success. Again, thank you to all our wonderful volunteers who helped make it a huge success. There has been a steady and constant flow of new members, and our club is growing again! The future is looking very bright, and we welcome the winds of change! On behalf of your board, may you all gather with family and friends and have a blessed and Happy Easter. Buine Pasche a ducj.*

Joseph A. Zamparo  
President





**Famèe Furlane Toronto**  
**2023 - 2024**  
**BOARD OF DIRECTORS**

**JOSEPH A. ZAMPARO**  
President

**IVANA PONTISSO**  
Vice President

**ROBERTO CLOCCHIATTI**  
Treasurer

**MELISSA ZAMPARO**  
Secretary

**FLAVIA MURACA**  
Marketing

**MARA MIAN**  
Membership & Communications

**STEVEN SEDRAN**  
Culture & Activities

**FORUM EDITOR**  
Ivana Pontisso

**CREATIVE DESIGNER**  
Flavia Muraca

**Famèe Furlane Toronto**  
7065 Islington Ave  
Woodbridge, ON, L4L 1V9  
T: 905.851.1166  
[www.fameefurlane.com](http://www.fameefurlane.com)  
[reception@fameefurlane.com](mailto:reception@fameefurlane.com)



**2024**  
**MEMBER'S LUNCHEON**

CELEBRATING FAMEE FURLANE TORONTO MEMBERS

**SUNDAY, APRIL 28, 2024**

**Royalton Banquet Hall**  
8201 Weston Rd, Woodbridge ON

*Doors open at 12:00 noon*

Early Bird Tickets  
until April 4

\$65 Members  
\$80 Non-Members  
\$40 Kids (6-12)

Tickets on April 5  
until April 18

\$70 Members  
\$85 Non-Members  
\$40 Kids (6-12)

Kids 5 and under are free (pasta only)

BUFFET STATIONS - BAR INCLUDED

**To purchase tickets: call 905.851.1166 or**  
**email [reception@fameefurlane.com](mailto:reception@fameefurlane.com)**

# THANK YOU FOR GIVING

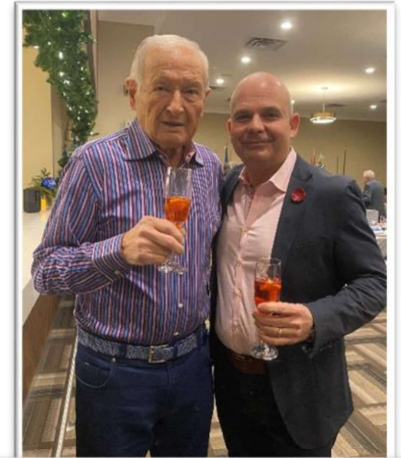
On Tuesday December 5, 2023, a dinner was hosted to honor a group of individuals, who while normally are not in the spotlight, are truly the hardworking backbone of our community. The immeasurable value these selfless folks provide cannot be measured.

When time is taken to consider how the FFT has enriched and impacted your life, give time too, to recognizing that without the dedication, commitment and positive energy provided by its valued volunteers, the FFT would not be the community it is today, nor would it have endured over its many years.

A simple thank you falls far short in expressing gratitude and appreciation for the extraordinary dedication and unforgettable difference the FFT volunteers have made and continue to make in our community.

Let's keep on making a difference – together. Un grazie dal cur!

*Famèe Furlane Toronto  
Board of Directors*



## BREAKFAST WITH SANTA

The Annual Breakfast with Santa was a roaring success with 142 adults and 44 children of all ages in attendance. The kids were overjoyed with the toys and gifts they received from Santa, along with the goodies from our wonderful and supportive sponsors. While anticipating Santa's arrival, kids were kept busy enjoying the variety of crafts at the craft table, courtesy of the Famée Furlane Women's Auxiliary. The children were excited to no end once Santa and Mrs. Claus arrived. Comfortably on his sleigh, Santa was continually surrounded by excited kids providing plenty of great photo opportunities! Everyone enjoyed a wonderful breakfast, but the most rewarding aspect of the event, was seeing all the children with big smiles on their faces! Thank you to all those who sponsored the annual event and all the volunteers. Without them, it would not have been the success that it was. *Mara Mian*



## GRUPPO ETÀ D'ORO

The Gruppo Età D'Oro ended 2023 with a bang. We had a very well attended Christmas Luncheon Buffet with a delicious meal prepared by Gianni Ceschia and his staff. It was a delightful Christmas spirit filled afternoon enjoyed by everyone in attendance. This was our last 2023 activity before having a two-week rest.

2024 arrived and the Gruppo Età D'Oro started the year on a positive note, with an increase in members attending our weekly Bingo games by our ladies and the card games by our gentlemen. Everyone is enjoying the afternoon spent with their new and old friends while having a cup of coffee and cookies.

Also, once a month, through the very generous donation by Joe and Melissa Zamparo, members enjoy and are treated to very good pizza. Thank you, Joe and Melissa.

We look forward to continue being strong, happy and proud of our wonderful group and wish everyone a joyful Easter.

*Edi Antonini*

*Treasurer, Gruppo Età D'Oro, Famèe Furlane Toronto*



## MEMBERSHIP NEWS

I'm thrilled to report that we have added 11 new and/or returning members to our family! In no particular order, a hearty welcome to new members:

*Janet Mior, Dina Mior, Anna Mara Filipiuzzi, Grace Caprara, Elizabeth Giacometti, Susan Guido, Angee Moro-Verre, David Furlano, Grace Della Rosa, Mario Della Rosa, Luciano Galasso*

A reminder that the initial membership fee of \$200 has been waived for all of 2024. Membership fees for 2024:

**Youth 19 and 24 - \$50.00      Adults 25 to 65 - \$100      Seniors over 65 - \$50.00**

As always, all members are encouraged to volunteer at the club to support our cultural activities and our core events. Any time you can help is greatly appreciated and more importantly, it is a great way to meet your fellow Furlan members.

General Members Meetings are held in the Canada Room on the last Tuesday of every month. Please remember to contact the office with any email address changes so that you may stay updated on future activities and events.

Happy Easter to you and your families, *Mandi – Mara*

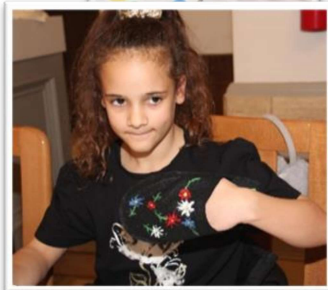
## NOSTALGIA CAN BE GOOD

It has never been said that simplicity cannot be the ultimate in creativity, feelings of nostalgia and terrific fun. It is with these thoughts in mind that the Famèe Furlane Toronto is starting anew in approaching themed activities and events for the enjoyment of its members.



On Friday January 5 the Famèe Furlane Toronto, in collaboration with the Gruppo Alpini Vaughan and its own Women's Auxiliary, the Befana arrived bringing treats to the delight of the children and everyone in attendance.

The evening started outside when the fire, signifying new beginnings, was lit and blessed by Fr. Vitaliano Papais, followed by an energetic vocal courtesy of the Alpini. Celebrations then moved indoors where the kids were kept busy creatively painting their own little "scarpets" courtesy of the Women's Auxiliary. After the sharing of a simple "breaking bread", which included fresh home crafted sausage, polenta, both generously donated by the Alpini Group, pizza, and salad courtesy of the FFT; the Befana arrived and regaled us all with her story and ultimately led the kids to discover their newly decorated "scarpets" now magically filled to the brim with goodies, compliments of the Auxiliary. Simultaneously, the "older kids" had their pick of goodies, from the overwhelming generosity of all in attendance, as traditional pinze, fritole, panetone, cookies and a myriad of other sweets magically appeared and were enjoyed. By all accounts, the evening's collaboration between the Famèe Furlane Toronto, the Gruppo Alpini Vaughan and the Women's Auxiliary, was a tremendous success.





In keeping with the back-to-basics idea, on Friday, February 23, the Famè Furlane Toronto hosted another terrific evening with offerings of muset, brovada, sausage, polenta, cheese and salad! Absolutely nothing fancy, but the traditional comfort food evoked warm nostalgia and was thoroughly enjoyed by everyone. Topped off with a selection of crostoli, fritole and panetone, guests were treated to the comforts of traditional “*furlan*” food and “*un tai di vin*” in the company of family and friends. It really was an evening reminiscent of the “*good ol’ days*”. Given the success of these two events, going back to basics might just be the start of something great!

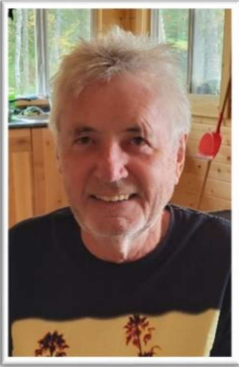


If unfortunately, you missed out on these events, opportunities are just around the corner, as Famè Furlane Toronto is planning similar, down-to-earth evenings. We are knocking on the doors of our roots and continuing to explore the wonders of simplicity and warm nostalgia. Be on the lookout – you will not want to miss what is in store!

*Ivana Pontisso*



LA VOCE DI NESTRI MEMBRI



ARRIGO ROSSI

Full Name and nick name	<i>Arrigo Rossi – Decimo calls me “Giocondo”, Carla calls me “Rigucc”, Louise calls me “Riggs” &amp; Adriano (RIP) called me “il bogger”</i>
Family Furlan Roots	<i>Castelnovo del Friuli (PN), my wife Carla from Gradiscutta di Varmo (UD)</i>
Most Proud Life’s Accomplishment to date	<i>Outside the obvious (marriage, children, family, grandchildren), it’s feeling Furlan and Italian at 100%. (Italy has contributed more than its share to all facets of world life and culture). Let me explain, I came to Canada at 9 years old and put up with the normal difficulties of being Italian. I went to St. Rita’s school then Oakwood Collegiate, became an electrician and a business person. For all intents and purposes I could, this day, be a full fledged “mangia kek” but (there is always a but) thanks to Ennio DelGallo who came in 1956 and introduced me to the Toronto Italia Soccer Team (thus ruining my NHL career LOL) I made friends with a whole bunch of Italians (Berto Derosa, Tullio Labardo, Peter Bosa, etc ) then met Decimo Valent, Giorgio Filliputti and many other Italians and lo and behold an Italian lifeline had been unknowingly thrown to me. After returning from Italy from my honeymoon in 1973 my feelings and eyes opened wide - there was Ferrari and Alfa Romeo, music and fashion, Italy of the “miracolo” and il Bel Paese. Then there was the Venezia Restaurant hangout and Carletto, Boccia, il Duro, Zanchetta, Michheein. I was in my glory. I am proud to say that thanks to all that and much more, I can read, speak, and converse in Italian at a high level (also took Italian lessons). The Italian culture of music, food, fashion, and “stile” is so absorbed in me that while in Italy for holidays, an uncle of Carla’s, in an animated discussion, at one point said “madona, Arrigo difendi l’Italia a spada tratta”. I know its long winded but keeping my “Italianita” is the accomplishment.</i>
One bucket list adventure you would like to try but haven’t yet	<i>Being sous chef at Ristorante Cracco, Milano</i>
Biggest reason for joining the Famèe Furlane Toronto	<i>Rino Pellegrina, really it was about roots.</i>
A favorite hobby or interest	<i>Too many to pick just one - Calcio, skiing, tennis, caccia, fishing, chess, COOKING and “Goodbye Afternoons” (insiders will know)</i>
One particular Famèe Furlane related memory	<i>When Luciano Drigo started the “doi di agost” and nominated me at the festa as the “plui coyon dal sport”</i>
What do you like best about your Furlanitat	<i>We are a unique people.</i>
A Favorite Furlan Saying	<i>Dai ca’ le un clap</i>
What have you gained from being a Famèe Furlane member	<i>Gained lot of friends and insights and what motivates us furlans as a unique (repeat) people. Secure and unafraid of all things adverse.</i>
A Furlan Trait or Tradition that continues to be shared	<i>Friendship, the furlan dialect (lingua). Having a tangible and convincing knowledge about our land that is proudly talked about and passed on.</i>







**LAURETTA SANTAROSSA**

<b>Full Name and nick name</b>	<i>Lauretta Santarossa - My family sometimes calls me Retts - My mother calls me Nina.</i>
<b>Family Furlan roots</b>	<i>I was born in Casarsa della Delizia at the Comunale, an agricultural estate belonging to the Countess Loda Braida di Concina. Our branch of the Santarossas moved there in 1912 as “mezzadri” from Tiezzo. Eventually there were 35 of us “in famea”. My mother was a Pippo and came from the Fornasins, an enclave near Valvasone and were farmers. Both are in the province of Pordenone.</i>
<b>Most Proud Life’s Accomplishment to date</b>	<i>This was hard to answer! I most proud of my work in the publishing field and how I was able to do work that I loved that was inspiring, creative and connected me with so many talented writers, artists and publishers.</i>
<b>One bucket list adventure you would like to try but haven’t yet</b>	<i>I’d love to spend a year in Friuli getting to know it better at the same time researching my family’s roots as far back as I can and writing a book about it even if it’s just for family.</i>
<b>Biggest reason for joining the Famèe Furlane Toronto</b>	<i>My Furlan roots are really important to me, an indelible part of my identity. My parents were among the earliest and most faithful FFT members and I wanted to make sure there would always be a Famée.</i>
<b>A favorite hobby or interest</b>	<i>I have maybe too many but right now I am interested in tracing and preserving my family roots via genealogical research because I love history and I love stories.</i>
<b>One particular Famèe Furlane related memory</b>	<i>For the FFT 80th Anniversary I was asked to put something together for the members on the theme of immigration. So many members came with their stories, photos, even old documents and passports. The result was a video slide show with Furlan and Italian music. The experience of talking to the contributors about their journey to Canada was a profoundly moving experience for me, unforgettable.</i>
<b>What do you like best about your Furlanitat</b>	<i>I love the language, the food, the humour and the family feeling when I am with other Furlans. It feels like home.</i>
<b>A Favorite Furlan Saying</b>	<i>Quant che’l cul a toçje la’aghe, s’impara a noda!</i>
<b>What have you gained from being a Famèe Furlane member</b>	<i>Meeting and being part and making friends with a wonderful group of people who are passionate about their history and traditions and celebrating all of it as much as possible.</i>
<b>What is one lesson you have learned from life</b>	<i>You can’t always get what you want, but if you try sometimes, you just might find you get what you need.</i>
<b>A Furlan Trait or Tradition that continues to be shared</b>	<i>Making crostoli and frittole for Carnevale and salsiccia (Rino’s from La Vincentina) and polenta any time!</i>

## FFT WOMEN'S AUXILIARY

My but it has been a most busy time of the year for the Women's Auxiliary. Christmas with all its commitments, Befana, Carnevale, Valentine's Day, Casino Excursions, and the Annual International Women's Day Celebration – each busy moment is just another way to savor life – so it's said!

In some respects, being busy includes enjoying the ride alongside the FFT, with its ongoing support at a number of activities including Breakfast with Santa, where once again it sponsored the ever-popular kids craft table, donated the table centre pieces and supported the raffle. January brought its collaboration with both the FFT and the Gruppo Alpini Vaughan for the celebration of the Befana. The kids thoroughly enjoyed creatively decorating their volunteer crafted "scarpets", which later, brimming with goodies, were delivered by the Befana. The fun had by the kids along with their genuine smiles is enormously rewarding to all the hardworking volunteers involved.



Monthly meetings over the winter season included having fun with a hilarious ugly sweater contest, enjoying the difficult task of deciding on the best and most flavorful crostoli contest entry, learning about Carnevale in Brazil and taking time to enjoy a day trip to the Casino in Niagara Falls.

Planning and preparing for the annual International Women's Day celebration was a most worthwhile experience as the day's event turned into a tremendous success! Raves were received for the food prepared by Gianni Ceschia and entertainment by Giordano Cattonar, who even had the ladies singing along and some dancing! The dessert table included most special and delicious donations by Elda Maraldo and Anna Filipuzzi. The 50/50 draw resulted in three very happy winners. The "back to basics" cheery and most chatty spirit was definitely in the air and felt by all! A special thank you to everyone in attendance who made it all possible. According to Neva Lorenzon, "everyone had a wonderful time!"

Wishing you and your families a blessed and peaceful Easter.

*Famèe Furlane Woman's Auxillary*



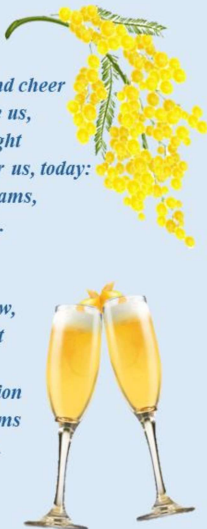


*A Toast*

*To all of us -  
 Let's raise our glass to salute and cheer  
 Those women, who came before us,  
 Blazed trails, struggled and fought  
 To open doors of opportunity for us, today:  
 So that we could follow our dreams,  
 With more choices and freedom.*

*And let's cheer on,  
 the girls and women of tomorrow,  
 That they will continue to find it  
 even easier in all places;  
 For complete access and inclusion  
 To follow their wishes and dreams  
 In any area they seek to pursue.  
 Cheers!*

*Ughetta De Piero*



## FEMINIS FURLANIS FUARTIS

*Feminis Furlanis Fuartis* is a new book; the first for journalist Erika Adami of Friuli. Written entirely in *Furlan*, it tells the stories of 25 remarkable women, born in Friuli, who have achieved success and influence in research, social work, enterprise, and culture. The book is a compilation of articles first published in *La Patrie dal Friûl*.

We've always known *Furlan* women are '*fuartis*'. Although not members of the Famèe when it was founded in 1932, women were happily welcomed at the club as servers at banquets and volunteers at events.

A forward-thinking woman, Maria Cristante, saw this imbalance and in 1938 formed the Società Femminile Friulana. According to her granddaughter, Mary Lovisa, Maria can be considered a feminist, years before the feminist movement. Members of the Società met, shared thoughts and ideas and worked to help others through fundraising activities. To newly arrived women from Friuli, the Società was a place of community and support. A member or two visited other members in hospital and were present at funerals. Still in existence today, the group continues with its objectives.

In 2005, the Women's Auxiliary of the Famèe came about from an idea presented by Elda Maraldo. In addition to activities that reinforce and maintain the Friulian culture, the Auxiliary presents guest speakers, book reviews and hands-on workshops. One of the key elements of the Auxiliary is their continued commitment of support to the Famèe, its events and activities.

From the introduction to *Feminis Furlanis Fuartis*:

*"Storiis di feminis furlanis dal di di vuê, pôc o par nuie cognossudis, diferentis par etât, divignince, esperiencis formativis e professionâls. Lis lee la fuarce che a esprimin tal cirî di realizâsi cun tignince, tai cjamps plui svariâts. Cun braûre pes lidrîs e tal leam cu la proprie tiere, un pont fer, ancje cuant che l'orizont dal lôr impegnal devente il mont."*  
Roberta Nunin Professore ordinarie di Dirit dal lavôr,  
Universitât di Triest

*Erika Adami, gjornaliste professioniste, e je autore e condutore di programs in lenghe furlane pe Rai Friûl-Vignesie Julie. E colabore cul mensîl "La Patrie dal Friûl", che e à vût diret dal 2018 al 2019. E à une lungje esperiencie te comunicazion in lenghe furlane su la cjarte stampade, te radio e te television, cuntune atenzion particolâr aes zovinis gjenerazions. Di agns si ocupe ancje di comunicazion politiche.*

Over the book's 190 pages, we learn about how Veronica Defilippis has promoted and presented the cuisine of Friuli,

especially that of Carnia, at culinary events in Morocco, Spain, Thailand, United Arab Emirates and New York.

Cristina Noacco teaches medieval French literature in France, and also teaches language students at the University of Friuli. When back in Friuli she is drawn to the shores of *il Tagliamento*, and in 2020 wrote '*I Segreti dal Tagliamento*'.

Roberta Cortella, film producer and documentarian has worked in many countries over the last 20 years. On one assignment from Ente Friuli nel Mondo, she produced "*La memoria della terra*" on the people, culture and land of Friuli.

Dania Cossa worked for OSCE, (*Organizazion pe Sigurece e la Cooperazion in Europe*). Over 15 years, she went to war zones in the Donbass region of Ukraine, Afghanistan, and Nigeria, researching and helping the local people as they live through very difficult times.

Alberta Bulfon continues the work begun by her father of reinvigorating old wine varieties, like Picolit Neri and Ucelut, that were almost extinct.

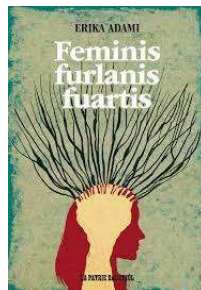
Among the 25 accomplished women profiled, we meet Stefania Sarnataro, who is working in aquaponics, Paola Del Negro, director general of 'OGS' (National Institute of Oceanography and Experimental Geophysics) which does research in marine biology, and Ada Bier, who has collaborated with the *Societât Filologjiche Furlane* to promote the study and teaching of both prominent and almost forgotten languages.

One of these accomplished women visited the Famèe Furlane Toronto some 20 years ago. Federica Bressan, visiting from Gorizia, found her way up to Islington and Steeles, years before the subway line came that far north. She visited parts of Canada and the United States, before receiving her PH.D. in Computer Science and Master Degrees in Music and Musicology. Her ability to speak seven languages led her to work in technology, music and do academic research with organizations in Europe and around the world. Today she lives a less hectic life in Blera, Lazio.

Repeated in the stories is the desire of these well-educated and travelled women to keep ties to and to bring attention to Friuli, its culture, environment, history and Friuli's many contributions to the region and the world.

Erika Adami can be reached at: [erika.adami@gmail.com](mailto:erika.adami@gmail.com)

Doreen Vanini



## ELVY MORO STEP to Construction Program



As a first generation Furlan Canadian and the daughter of a skilled trades father, many of us can relate to watching our immigrant fathers, and grandfathers contribute to Canada's landscape through the skilled trades. Famee Furlane Toronto member Elvy Moro has a proud family history that includes expertise in the skilled trades in Canada. After graduating from Schulich School of Business and pursuing a career in Finance and as an entrepreneur, Elvy Moro made the decision to attend the Faculty of Education at the University of Toronto. He began his high school teaching career in the Cooperative Education department, a program that focuses on student work placements.

Two decades ago, Elvy had a student who wanted to be a bricklayer and Elvy could not find a placement for him. Many employers did not want high school students on a construction site. This was the impetus for Elvy creating the successful STEP to Construction program in the Toronto District School Board. This program exposes students to many trades at new development sites as opposed to going to one Coop placement that is limited to giving experience in one trade. The STEP to Construction program, quite literally, gives students the opportunity to move up condominium floors, discovering a variety of trades at each level including drywall, sheet metal, framing, electrical and plumbing. Once students discover which trade suits or interests them, they can then focus on one through an Ontario Youth Apprenticeship Program. The Toronto District School Board STEP to Construction program is the only one of its kind in Canada, exposing high school students to several trades over the course of a 3-month Coop placement. Over the last 15 years, Elvy's brainchild has assisted over 1000 students, including female students. Through his personal connections in the construction industry, he places over 40 students per semester (a 3-month period) in high school.

On February 28, 2024, The Globe and Mail featured an article called "Labour-starved provinces seek ways to draw high-schoolers to skilled trades." The full article is available on the Globe and Mail website. Elvy Moro was mentioned in the article and his valuable contribution to filling the labour gap and attracting youth to the Skilled Trades in a meaningful fashion. As a Coop teacher myself, I have had the opportunity to witness the success and life-changing testimonials that students have given upon completion of Elvy's program. Elvy and I met in Teachers' College in 2000 and I consider Elvy to be a valued colleague and friend.

*Ivonne Pasian*



## IN MEMORIAM

### MARIA ZAMPARO

*December 7, 2023*

*Mother to member Silvano Zamparo  
and aunt to President Joe Zamparo*

### LUCIA MARTIN

*January 3, 2024*

*Past member*

### MARIO MANZON

*February 4, 2024*

*Past member*

### RENATO GOTTARDO

*February 11, 2024*

*Lifetime member;*

*brother-in-law to member Gabriella Gottardo  
and uncle to board member Flavia Muraca*

### LUIGI BATTISON

*February 12, 2024*

*Father to member Serena Borghese;*

*brother-in-law to lifetime member Ariedo Clocchiatti;  
uncle to board member Roberto Clocchiatti  
and member Morena Nalli*

### SILVANA DE PELLEGRIN

*February 16, 2024*

*Wife of past Lifetime member Giovanni De Pellegrin*

### DUILIO BALDUZZI

*January 28, 2024*

*Husband to Mariucci Balduzzi, past chef of Famèe*



## DOLOMITE SKI CLUB

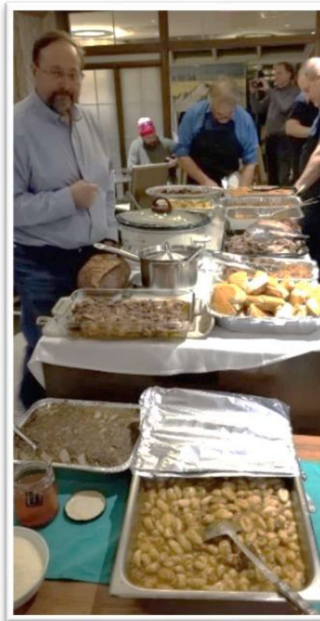


February 7 – 11, 2024 was once again a very successful trip to Mt. Tremblant, Quebec. We had a record sell out with 53 people either on the bus or driving. Whether or not you skied, walked, shopped or just “hung out”; the snow conditions and temperatures were the best we have enjoyed in years past. The bus ride both coming and going was smooth sailing, with a great lunch prepared by Gianni Ceschia enjoyed by everyone on the way to our destination. Friday night’s traditional potluck was filled with delicious contributions by everyone! It was a never-ending feast for the gods which was completed by entertainment from Henry, Mitch and Jonathan.

While the ski season may be over; we encourage all members and their families who enjoy winter fun to join us in 2025 when the Dolomite Ski Club celebrates it’s 50<sup>th</sup> anniversary.

Thank you to all our members from your committee.

*Carla, Giamba, Ivana, Mara and Mara*



## ATOR LA TAULA

### Dolce Semifreddo per 12

Guardando in un rivista de cucina italiana, dove cerano delle ricette per dolci, mi cadde l'occhio su "Gelato Semifreddo". Un dolce semplice e di grande effeto, e non devo cucinare! Perfetto. Da quell tempo, avevo la "giobba fissa" perche' il risultato fu Ottimo. Provate e auguri!

This is a recipe that is much loved in our family and enjoyed time and again. So much so that I was asked to make it for my grandson's wedding. Enjoy!

Elda Maraldo



#### Ingredients

150 gr sugar  
 150 gr chocolate  
 50 g amaretti, ground  
 50 gr roasted hazelnuts  
 500 ml whipping cream  
 Pinch of salt  
 4 egg yolks and whites divided  
 1 envelope vanillina  
 1 cup brandy or rum  
 Rectangular cake pan, 28x11 cm, 10 cm high.

#### Method

1. Chop the hazelnuts and amaretti in a blender or food processor.
2. Chop the chocolate very finely. Mix all 3 together.
3. Add a pinch of salt to the cream and beat until firm.
4. Whip the egg whites to firm peaks as well.
5. Beat the egg yolk with the sugar.
6. Fold the whipped cream gently into the beaten egg yolk, followed by the egg whites creating the zabaglione.
7. Layer the bottom of the pan with the chopped nuts and chocolate and spritz with the brandy or rum, followed by a layer of zabaglione.
8. Repeat the process until all components are finished, making sure to cover with a final layer of chopped chocolate and nuts.
9. Gently bang the pan on the counter to ensure all air pockets are eliminated.
10. Cover well with aluminum foil to prevent the entry of air, and place in freezer for at least 12 hours before serving.

*Dolce Semifreddo per 12*



## FRIÛL INFATS Questions

1. What city is known as Italy's "Little Vienna"?
2. What are 5 white grape varieties native to Friuli-Venezia Giulia?
3. What Celtic god is the town of Beligna in the municipality of Aquileia named after?
4. Where is the Friulian farmer's life ethnographic museum, *Cjase Cocel*?
5. In what century did the Slavic population settle in Slavia Friulana?
6. What is the northernmost city on the Mediterranean Sea?
7. What city was declared as the *European City of Science* in 2020?
8. What was the 4<sup>th</sup> largest city in the Roman Empire and the major point for all trade in its north?
9. How many Friulans lived in the Kingdom of Lombardy-Venetia in 1855, which then had a population of 5,024,117 people?
10. Where did Cora Slocomb di Brazzà live, when she invented the universal peace flag and founded the seven lace-making, *Scuole Cooperative di Brazzà*?



## LIFE AT THE TERRACE



### BOARD OF DIRECTORS

**Angela Bosa-Slokar**  
President

**Marisa Zanini**  
Secretary

**Franco Daneluzzi**  
Treasurer

**Mara Querin**  
Director

**Mary Francescutti**  
Director

**Carol Scaini**  
Director

**Armand Scaini†**

### Address:

60 Friuli Court  
Woodbridge ON L4L 8G8  
905-856-4922

The end of 2023 was a busy one for Friuli Benevolent with celebrations and the beginning of much needed building maintenance.

### Christmas Luncheon

The Board and Staff of Friuli Terrace hosted a luncheon in the Activity Room for the residents of Friuli Terrace. The meal included stuffed pasta shells, turkey with stuffing, mashed potatoes, cranberry sauce and for dessert - coffee and panettone. Music was provided by Antonella, our choir director. She played the keyboard and led the group in song. For those who could not make the trip downstairs, meals were brought to their door. We hope they will join us for the next event.

A special guest from York Region attended the luncheon, Heather Simpson. Heather jumped in and helped the Board and Staff set tables and serve food to the residents. As usual, some of the residents jumped in to lend a helping hand either by providing us with a coffee machine, registering guests, cutting panettone, and cleaning up after the event. It was especially heartwarming when one of them commented – “*We love to volunteer!*” The afternoon was reminiscent of a family Christmas in the basement of an Italian home where everyone lends a hand to prepare and serve the family meal. Sometimes family is not defined by blood but by a kinship that one shares with those nearest. A big thank you to Club D’Amicizia for providing aprons to a couple of lucky board members. The fact that the aprons were made by resident and skilled seamstress Angela made the spontaneous but necessary gift even more special.



### Yoga

In the last couple of years, York Region has launched several programs for seniors which are held for the residents of buildings like Friuli Terrace. These programs are targeted to keep seniors both mentally and physically active and to assist in their overall health. Thus far, Friuli Terrace has been fortunate enough to benefit from the Paramedic Program, Art Therapy Classes and now Yoga. Several residents participated in these classes and the feedback has been very good. As you can imagine, for many this was their first introduction to Yoga so although handstands were not part of the repertoire, participants were pleased with their progress. We look forward to benefiting in more of these programs in the future.







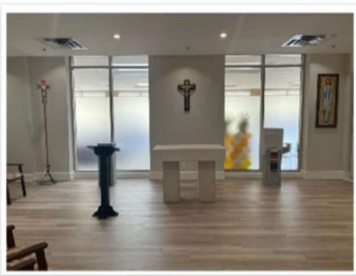
## New Pool Table

With the arrival of new residents in the last several years, the old, dilapidated pool table at the Friuli Terrace was beginning to be used again. It became a focal point for new residents to get to know each other while participating in a fun activity. There were even one or two who played with their young grandchildren when they came for a visit. After much research on costs and ensuring the right table was purchased, the new table arrived to the pleasure of those who will make use of it.



## Roof Repairs

In December, Friuli Terrace began the process of assessing the repairs to the roof and securing a contractor. Funding was partially awarded by York Region with the shortfall made up by Friuli Benevolent. Repairs were completed in February. The repairs on the roof included the main building, the bocce courts roof, and the pool area. The installation of a new HVAC system was installed for the Bocce Court area. The residents enjoyed watching the crane take away the old unit and lift the new one into place for installation.



## Welcome Carol Scaini...

With the passing of Armand Scaini, a void was left on the Friuli Terrace Board, not only for his friendship and ready smile but also because of his sage counsel on all building maintenance matters. As Armand's Famèe Furlane membership was passed on to his daughter Carol, the choice to fill this void on the Board was a natural one. Carol is no stranger to the Friuli Campus. She has often been seen at Campus events alongside her father taking pictures and helping in any way possible. In the last several years, her presence at the Friuli Terrace has been invaluable

whether it be enthusiastically volunteering at Terrace events or assisting her father with navigating Zoom at Board meetings during the pandemic. Recently, Carol has been on the Friuli Campus almost daily. She supervised and assisted in the renovations of the Chapel her parents originally sponsored, honouring Father Bulfon, at Villa Leonardo Gambin and has also been supervising the roof repairs at Friuli Terrace. Carol has also been actively meeting and obtaining estimates for future Terrace projects for our Board, so our board may make informed decisions on how and when these projects will be scheduled. Her generosity, enthusiasm, and tenacity in wanting the best for Friuli Terrace is reminiscent of her father and has earned her the affectionate nickname of "Armand 2.0". Welcome Carol, Friuli Campus is fortunate to maintain this tie to the Scaini family and for you continuing your dad's legacy.

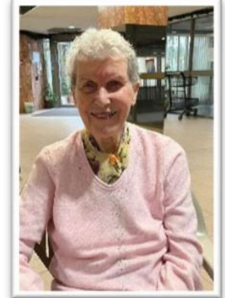
## Valentine's Day Celebrations

On Valentine's Day, Property Manager Fabrizio and Activity Director Roza joined forces to arrange a Valentine's Day Celebration for the tenants. Light refreshments were served. Choir master Antonella was on hand to provide music while the tenants sang along.



## Happy 100<sup>th</sup> Birthday to Onelia!

On February 8<sup>th</sup>, another one of the Friuli Terrace tenants turned 100! Onelia Girardo has been a resident of the Terrace since December 1, 2006. She was born in Buttrio in Friuli Venezia Giulia. Onelia was a familiar face at the Famèe Furlane as she worked alongside her husband Bepi Girardo. At Friuli Terrace events, Onelia is always present enjoying the events along with her fellow tenants. To honour the occasion, the staff of Chats and APM Management made a poster for her and made a surprise visit to celebrate with her.



## International Women's Day

On March 8, Friuli Terrace tenants celebrated International Women's Day with some light refreshments. Choir Director Antonella was on hand to play music and lead the group on in song.

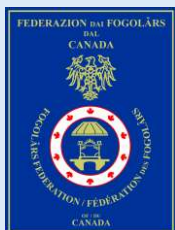


## Thank you Lucy!

A special guest at our International Women's Day celebration was Lucy Cosolo and her 97-year-old father. Lucy is a regular visitor to Friuli Terrace. For the past 15 years, she has been stopping by every 6 months to run a Volunteer Hearing Clinic to assess the tenants' hearing needs and check on those with hearing aids. She ensures that their devices are working as expected and makes adjustments as necessary. Thank you Lucy, for your dedication to your patients, our residents.



## FOGOLÂRS 2024 WINDSOR



The Fogolârs Federation of Canada and Fogolâr Furlan Windsor invite you to join us in Windsor August 8 to 11, 2024 as the congress of Furlans in Canada is again held on Canadian soil. This wonderful weekend allows for an opportunity to share in our Furlan culture with fellow Furlans young and old. It also is chance to discover more about Friuli, the lovely City of Windsor their rich history and information on locations to visit. Congress costs start at \$500 for adults, \$400 for youth and \$150 for children. Registration Packages with all Congress details will soon be available.



Registration includes access to congress workshops and activities, meals/refreshments, and ground transportation during the congress, including to and from congress hotel and Fogolâr Furlan of Windsor. Transportation to Windsor along with hotel reservations (Holiday Inn Express on Riverside Drive East) are the Delegates' responsibility.

For more information, please visit [fogolarsfederation.com](http://fogolarsfederation.com) or [info@fogolarsfederation.com](mailto:info@fogolarsfederation.com) or your local Club.



## **BOARD OF DIRECTORS**

Andrew Iacobelli, P.Eng.,  
MBA, Chair

Richard Gambin, B.A.,  
LL.B., Vice Chair

Fern Ginsberg, CPA, CA,  
Secretary

Dino Bottero, AACI, MRICS

Rudy Breda, CPA, CA

Jerry Buligan

Gianni Ceschia

Ralph Chiodo, C.M., O.O.N.T.

Christopher Citrullo, CPA,  
CA

Michael Volpatti, B.A.Sc.,  
M.A.Sc., LL.B., LL.M

Jens Zentil B.A.,  
B.C.L./LL.B.

Angela Bosa-Slokar, F.B.C.

Joseph A. Zamparo, F.F.T.

## **Executive Director, Charity Office**

Cinzia Del Zotto, B.A.,  
CFRE

## **Administrator**

Sonia Roul

## **Address**

40 Friuli Court  
Woodbridge, ON L4L 9T3  
Tel: (905) 856-3939

[www.villagambin.com](http://www.villagambin.com)

## **A MESSAGE FROM OUR CHAIR**

*Dear Friends,*

*We have an exciting year in store, as VLG enters its 20<sup>th</sup> year of serving this wonderful community! Stay tuned for details, as planning for the festivities is underway, including a milestone Oak Leaf Gala to be held on October 4<sup>th</sup>. On behalf of the current and past Boards of VLG, it has been a privilege to have been part of VLG's rich history of service, which has made an impact on hundreds of families whose loved ones have called VLG home. We have an exciting future ahead as we continue to pursue our mission of service for years to come. If you have any interest in joining VLG's future by volunteering, either at the home, on an event planning committee, or on the Board, please reach out to Cinzia in the charity office.*

*As spring blossoms, so too does the transformation of our organization. Thanks to the ongoing efforts of the charity and the generosity of our community, we have been able to invest in innovative technologies, state-of-the-art-beds, and innovative software solutions to usher in a new era of excellence. The introduction of new technologies will streamline operations, enhance efficiency, and elevate the quality of care that we provide to our residents. Although VLG turns 20 this year, its age does not show thanks to your ongoing support. With your help, we will continue to ensure its upkeep to the highest standards and strive to position VLG well for the future.*

*Although this post-COVID world is not without its challenges and infection prevention and control remain top of mind, the vibrancy of life at VLG has largely returned. There are many exciting things happening around the home every month. As a cultural home, it brings our residents immense joy to celebrate the traditions of their past. In the new year, residents were treated to clementines and roasted chestnuts to celebrate La Befana. In January, sausages and polenta, a traditional winter dish from the northern Italian regions was served and enjoyed by all. We celebrated birthdays for four of our centenarian residents! Albina Favret celebrating 100 years, Vittoria Spatafora celebrating 106 years, Annunziata (Nancy) Lisi, 102 years, and Gioacchino Niceforo, 101 years. We wish each of you tanti auguri! And in March, our residents enjoyed a special visit from the students of St. Norbert Elementary School who, as part of their Italian cultural studies, entertained our residents with Italian music and activities. The event was so successful that it was covered by local media at both Omni and CP24. It was a beautiful, multi-generational gathering, that invigorated and inspired both young and old.*

*Keep up-to-date with our ongoing programming by following us on social media [@villagambin](https://www.instagram.com/villagambin)!*

*As the seasons change, so too does our organization, embracing the spirit of renewal and growth. By continually investing in our home, we are poised to flourish and continue to make a positive impact on the lives of those we serve. As we enter our 20<sup>th</sup> year, we look back with gratitude for the opportunity to serve and look forward to continuing to make a positive impact for years to come!*

*Sincerely,*

Andrew Iacobelli





### La Befana Visits Villa Leonardo Gambin

Friday January 6<sup>th</sup>, La Befana came to visit bringing sweet clementines and roasted chestnuts to all our residents, families, and staff. Who is La Befana? In Italian Folklore La Befana is an old woman or witch who delivers gifts to children throughout Italy on the Epiphany Eve, the night of January 5<sup>th</sup>, a similar way to Santa Clause.



### The Centenarian Club!



**Vittoria Spatafora Celebrating 106 YEARS** - Vittoria was born on February 24, 1918, in the town of Casteltermini (Ag), Italy to parents Giuseppina and Francesco Licari. She was named Vittoria in the hopes that the First World War would end soon, which it finally did that same year! She is the fifth in line out of eight siblings and today she remains the only survivor of the family, celebrating her 106th birthday. Vittoria was remarkably close to her family; she helped in raising her younger siblings and as a teenager went to school to learn sewing and embroidery. Vittoria met her husband through his sister, who



lived close to Vittoria at the time. Vittoria and Carlo got married in 1960 in Canada when Vittoria was 42 years old. Vittoria says she had a “perfect wedding”. The couple never had children of their own, however, Vittoria has four nieces and nephews whom she’s close to. Vittoria and Carlo settled down in Brampton where Carlo made a living growing flowers to sell to local florists. Vittoria was a housewife, but she would often travel back to Italy to visit family. Vittoria and Carlo were married for 21 beautiful years before he passed away.

**Annunziata (Nancy) Lisi Celebrating 102 YEARS** - Nancy was born on February 9, 1922, a resilient and inspiring woman who has traversed a century of life, celebrating her 102nd birthday with grace and strength. Her journey is a testament to the indomitable spirit that has guided her through the challenges of life. In March 1966, Nancy took a significant leap of faith by immigrating to Canada alongside two of her children. Her husband and son had ventured to Canada a few years prior, setting the foundation for a future that held promise and opportunity. Upon settling in Canada, Nancy embarked on a new chapter of her life and found employment as a sewing machine operator, contributing to the workforce by



crafting durable work clothing for various companies. Her dedication and meticulous craftsmanship earned her respect among her peers, and her work became a source of pride. As a beloved grandmother, she has enriched the lives of six grandchildren and five great-grandchildren with her wisdom, warmth, and love.

**Gioacchino Niceforo Celebrating 101 YEARS** - Gioacchino (Jack) Domenico Niceforo was born in Stignano, a small town in Reggio, Calabria, Italy on February 4, 1923. He was the third youngest of seven children of a prominent landowner in town. Both his mother and youngest sibling died in childbirth. As a young man he was drafted as a soldier during WWII. After returning home, he saw members of his hometown leaving for new settlements. Throughout the years Jack did a lot of different jobs and took risks in his endeavors. He worked with the construction group that built both Dufferin and Pearson airport. He owned his own cleaning company, food truck catering company, and was employed as a caretaker in the condo industry. Having established himself with his group “paesani”, he was fortunate to meet his future wife, Iolanda, in October 1967 and married her March 23rd, 1968.





**Albina Favret Celebrating 100 YEARS** - Villa Leonardo Gambin is honored to celebrate the 100th Birthday of our resident Albina. Albina has called Villa Leonardo Gambin home since 2011. She was born on October 28, 1923, in Pescincanna Pordenone. Albina immigrated to Canada with her late husband Marino and two daughters Liviana and Marissa in 1958 and settled in Toronto. Albina became known throughout the city to be one of the finest seamstresses specializing in wedding dresses for brides and bridesmaids. Albina also enjoyed hobbies such as crossword puzzles and needlepoint but ultimately loved volunteering and giving back to the community. Albina loved to travel. Some of her favorite spots were Cuba, Mexico, and the

Cayman Islands to name a few. Albina was born in a large family. She has always been very spiritual and was happy to have a brother who was a priest and sister who was a nun. Albina is a very proud grandmother; she has three grandchildren and five great-grandchildren. Albina has been part of our VLG family for over 12 years and has been a wonderful Resident Ambassador for our home. On behalf of all our residents, team members and community we would like to wish Albina a wonderful 100th Birthday, full of love, happiness, and good health.

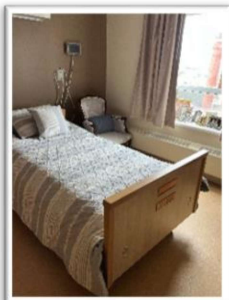


## Youth and Seniors Celebrate Carnivale at VLG!

In February, residents enjoyed a very special visit from St. Norbert Elementary School who assisted with carnival activities and crafts in our Multi-Purpose Room as part of our Intergeneration Program. We also had the pleasure to showcase the Intergenerational Program with CTV News and Omni TV whose segment can be viewed on our website at [villagambin.com](http://villagambin.com). The children and residents are excited to continue this collaboration and are all looking forward to our next time together.



## Bringing Comfort Home – A Better Beds Update



We are thrilled to share some exciting news! Thanks to the generosity of the Villa Gambin community, our recent fundraising efforts in 2023 have enabled us to purchase seven new, high-quality, and technologically advanced beds for our residents. These beds not only represent places to sleep, but symbols of comfort and dignity for residents who face physical challenges.

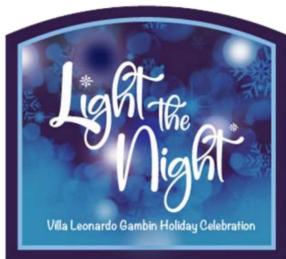
We are delighted to announce that three of these beds have already arrived, bringing immediate relief and comfort to the residents. As we eagerly await the arrival of the remaining beds by mid- March, we reflect on the incredible impact that your contributions have made in the lives of those we serve.

## Villa Leonardo Gambin

None of this would have been possible without the unwavering support of our dedicated donors and supporters. Whether you donated to our mail campaigns, donated as part of the Famè Furlane Toronto Community, attended our Oak Leaf Gala, or simply spread the word about our cause, each one of you played a vital role in making this achievement possible. Your compassion and generosity continue to inspire us every day.

As we near the end of this campaign, we are just seven beds away from reaching our goal. With your continued support, we are confident that we can make this final push and ensure that every individual in our community has access to a comfortable and safe place to rest.

If you would like to donate to the Better Beds Fundraising Campaign, visit [villagambin.com](http://villagambin.com).



Thank you to all those who joined us in celebrating our 2nd Annual Light the Night ceremony. It was a beautiful night filled with music, treats, festive cheer and remembering our loved ones. Thank you to everyone who donated and helped make our 2023 annual Light the Night Campaign a success.



A special thank you to Major Donors Sienna Senior Living for your continued support and to the Ralph and Rose Chiodo Family Foundation for matching this year's donations. We could not have reached our goals without you!

### Light the Night list of people we honour and remember:

#### *In Memory Names*

Irma Barrettara  
Elsa & Antonio Bertin  
Carla Calabrese  
Olga Carretta  
Domenico Di Ruscio  
Anna Maria Deotto  
Elena Iacobelli  
Giancarlo Mariuz

Sergio Tonelli  
Francesco & Lucia Valent  
Maria Constantina Stombouloupoulos  
Serino Pezzot

#### *In Honour Names*

Edda Moretto & Vittorina Battiston  
Sergio Tonelli – 90<sup>th</sup> Birthday





**VOLUNTEER WITH VLG!**  
Become a long-term care volunteer and enrich your life and the lives of those who call VLG home.

If you are interested or know anyone that is, contact Maria Stirpe at 905-856-3939 or email [m.stirpe@villagambin.com](mailto:m.stirpe@villagambin.com)

## THE GIFT OF SIGHT: CLEAR VISION TO THOSE IN NEED

A heartfelt thank you to all those who generously donated their used eyeglasses to help those in need who otherwise would not afford glasses to improve their vision. Thanks to your kindness over 160 pairs of glasses, each one making a difference in someone's life, were delivered to Hakim Optical, sponsor of this campaign.



Given its overwhelming success, Famèe Furlane Toronto has undertaken a new campaign. Feel free to drop off your used eyeglasses at the Famèe Furlane Toronto anytime during regular business hours. Together, we're helping individuals see the world more clearly. Your support is truly appreciated.

3 di avril 1077  
FIESTE DE  
PATRIE  
DAL FRIÛL



7 AVRIL 2024

Famee Furlane Toronto

Celebrate Friuli's birthday on Sunday, April 7 starting at 2:00 pm - Canada Room.

Tradition continues with the awarding of the "2024 Bon Furlan".

Enjoy a film presentation on "Il Tiliment".



**FREE EVENT**  
 R.S.V.P by April 4 - 905.851.1166 or  
[reception@fameefurlane.com](mailto:reception@fameefurlane.com)  
 7065 Islington Avenue Woodbridge, Ontario

## Dall'uovo di Pasqua

*Di Maria Loretta Giraldo*

Dall'uovo di Pasqua è uscito un pulcino di gesso arancione col becco turchino. ha detto: "Vado, mi metto in viaggio e porto a tutti un grande messaggio". E volteggiando di qua e di là attraversando paesi e città ha scritto sui muri, nel Cielo e per terra: "Viva la pace, abbasso la guerra".



# FRIÛL INFATS

## Answers

1. Trieste, TS
2. Friulano, Ribolla Gialla, Verduzzo, Malvasia Istriana and Picolit
3. Belenus
4. Fagagna, UD
5. 8<sup>th</sup> century A.D.
6. Monfalcone, GO
7. Trieste, TS
8. Aquileia
9. 351,805
10. Castello di Brazzà, Moruzzo, Udine



The club is always looking for extra hands to help either at our events, or even around the club itself. If you would like to show your support and be a part of our furlan team, please let the office know at 905.851.1166 or via email at [reception@fameefurlane.com](mailto:reception@fameefurlane.com)

## CALENDAR OF EVENTS

Every Wednesday	Gruppo Eta D'Oro - Bingo and Cards
Thursday Evenings	Furlan Classes (ending May 9)
Sunday, April 7	Fieste de Patrie dal Friul - Canada Room
Wednesday, April 10	Women's Auxillary Meeting Handwriting Analysis
Friday, April 12	Furlan Family Night - Canada Room
Sunday April 28	FFT Annual Member's Luncheon
Tuesday, April 30	FFT General Member's Meeting
Wednesday, May 8	Women's Auxillary Meeting - Chair Yoga
Friday, May 10	Bowling Night
Tuesday, May 28	FFT General Member's Meeting
Wednesday, June 12	Women's Auxillary Meeting Cooking With Gianni Ceschia
Tuesday, June 25	FFT Annual General Meeting



### FAMEE FURLANE TORONTO

7065 Islington Ave Woodbridge, ON, L4L 1V9  
**T: 905.851.1166 E. [reception@fameefurlane.com](mailto:reception@fameefurlane.com)**

